

2025 SND ADVENT CHALLENGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st SUN ADVENT 30 Each day up to Christmas, pray for a different person you care about. 	1 Meditate for 10 Minutes	2 Choose a charity to support this year	3 Make a Christmas card for a neighbor or acquaintance	4 Donate socks to a local homeless shelter.	5 Bake cookies or cupcakes for local firefighters & police officers 	6 Give a St. Nicholas treat to a young person in your life.
2nd SUN ADVENT 7 Reflect on fulfilled prophecies and consider the future. 	8 Pray the Hail Mary in honor of the Feast of the Immaculate Conception 	9 Post about something you are thankful for online.	10 Perform a random act of kindness	11 Donate to help immigrants & refugees through your local Catholic Charities	12 Apologize to a family member you've hurt this year & forgive someone who has hurt you.	13 Research Christmas traditions in other countries.
3rd SUN ADVENT 14 Reflect on the joy we have access to because of our faith in Jesus. 	15 Pray for the person behind you in the Drive-Thru (or any line)	16 Participate in an Angel Tree project. 	17 Read a story, prayer, or poem at dinner	18 Write a thank you note for your mail carrier and leave it in your mailbox.	19 Challenge yourself to turn off your devices for 30 minutes spend that time with God.	20 As winter begins, consider how you can share the light & warmth of Christ with others
4th SUN ADVENT 21 Meditate on the peace that Jesus brings our hearts and our world. 	22 Take extra time with your prayers today to thank our Heavenly Father for your blessings.	23 Ask a friend how they are doing and really listen to their response	24 Reflect on how much Joy this season has brought to you.	25 Before opening presents, read the Christmas story (Luke 2:1-20) <i>Rejoice and be glad!</i> 		

join us this season!