## 2025 SND ADVENT CHALLENGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st SUN ADVENT 30  Each day up to Christmas, pray for a different person you care about.	Meditate for 10 Minutes	Choose a charity to support this year	Make a Christmas card for a neighbor or acquaintance	Donate socks to a local homeless shelter.	Bake cookies or cupcakes for local firefighters & police officers	Give a St. Nicholas treat to a young person in your life.
2 <sup>nd</sup> SUN ADVENT  Reflect on fulfilled prophecies and consider the future.	Pray the Hail Mary in honor of the Feast of the Immaculate Conception	Post about something you are thankful for online.	Perform a random act of kindness	Donate to help immigrants & refugees through your local Catholic Charities	Apologize to a family member you've hurt this year & forgive someone who has hurt you.	Research Christmas traditions in other countries.
3 <sup>rd</sup> SUN ADVENT 14  Reflect on the joy we have access to because of our faith in Jesus.	Pray for the person behind you in the Drive-Thru (or any line)	Participate in an Angel Tree project.	Read a story, prayer, or poem at dinner	Write a thank you note for your mail carrier and leave it in your mailbox.	Challenge yourself to turn off your devices for 30 minutes spend that time with God.	As winter begins, consider how you can share the light & warmth of Christ with others
4 <sup>th</sup> SUN ADVENT 21  Meditate on the peace that Jesus brings our hearts and our world.	Take extra time with your prayers today to thank our Heavenly Father for your blessings.	Ask a friend how they rare doing and really listen to their response	Reflect on how much Joy this season has brought to you.	Before opening presents, read the Christmas story (Luke 2:1-20)  Rejoice and be glad!		

join us this season!

